



Empowering Women by Women

Dr. Maizan Khairun Nissa, AIFO-K
Indonesian Medical Association



Table of contents

01

**The Data on Women in
the Healthcare System**

02

**The Importance of Women Health
Workers in the Healthcare System**

03

**The Challenges &
Obstacles**

04

**Study Cases
in Indonesia**

05

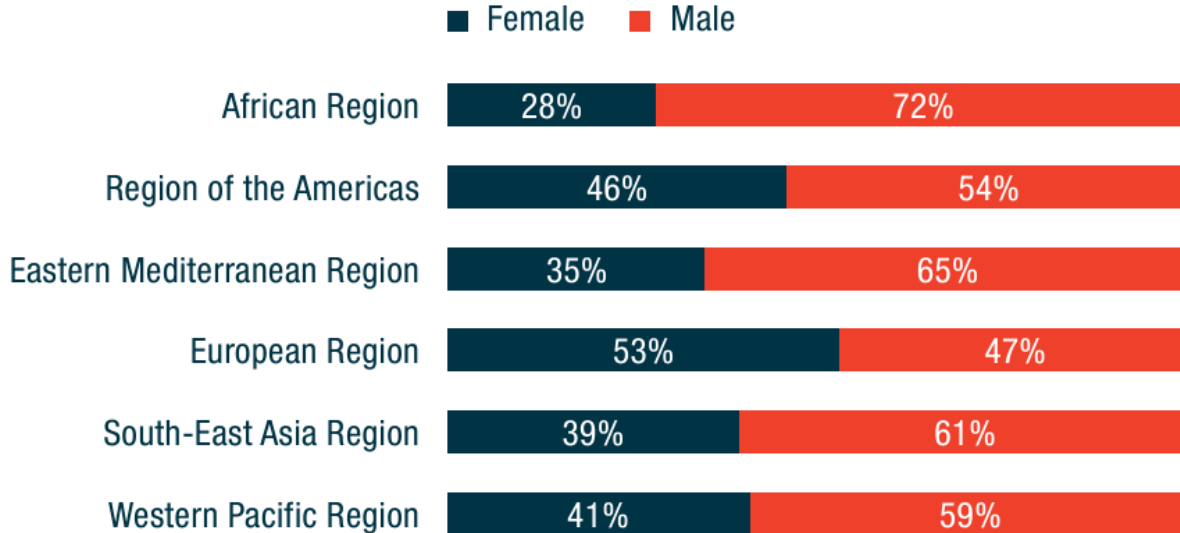
The Solution



The World Data on Women in the Healthcare System

01

Physicians: percentage of female and male

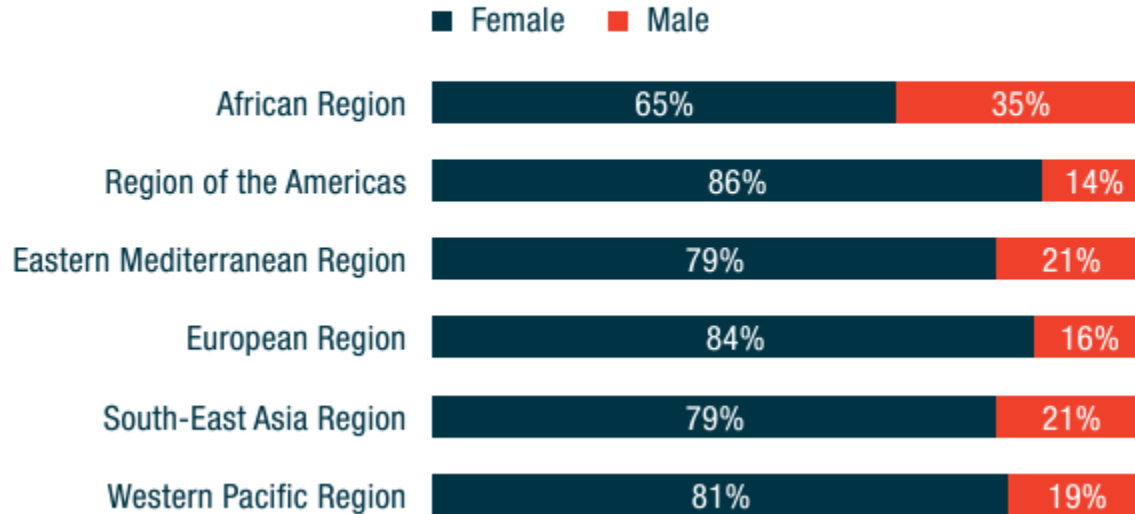




The World Data on Women in the Healthcare System

01

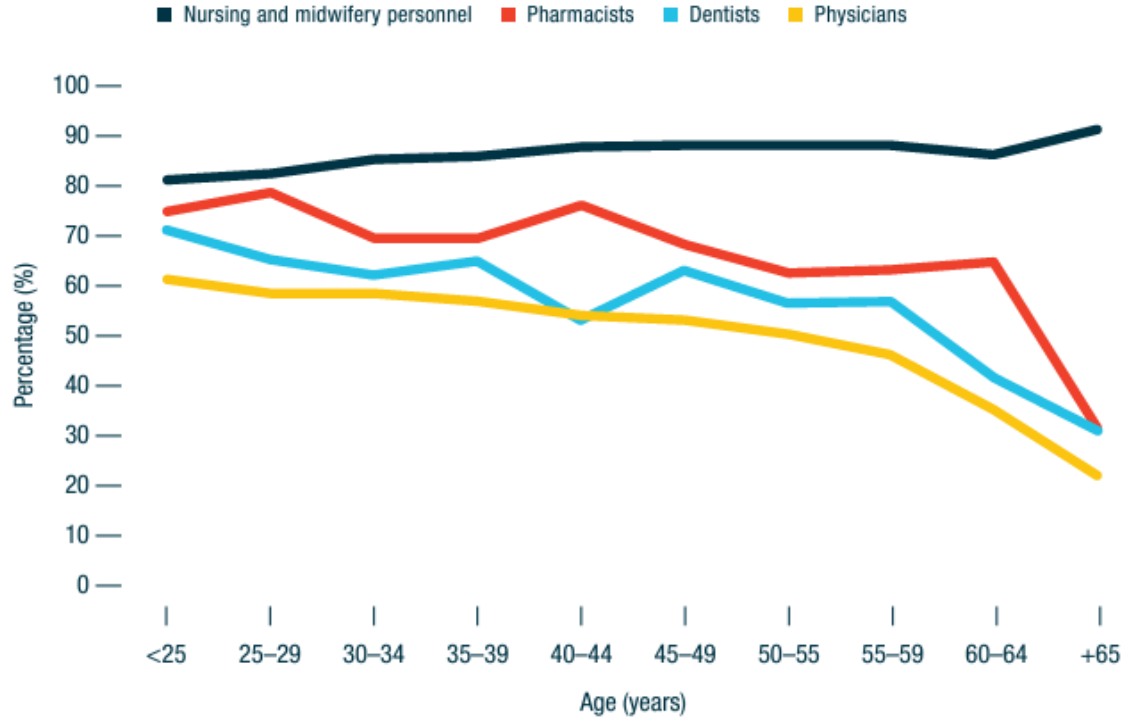
Nurses: percentage of female and male





Women Health Workers by Age Group

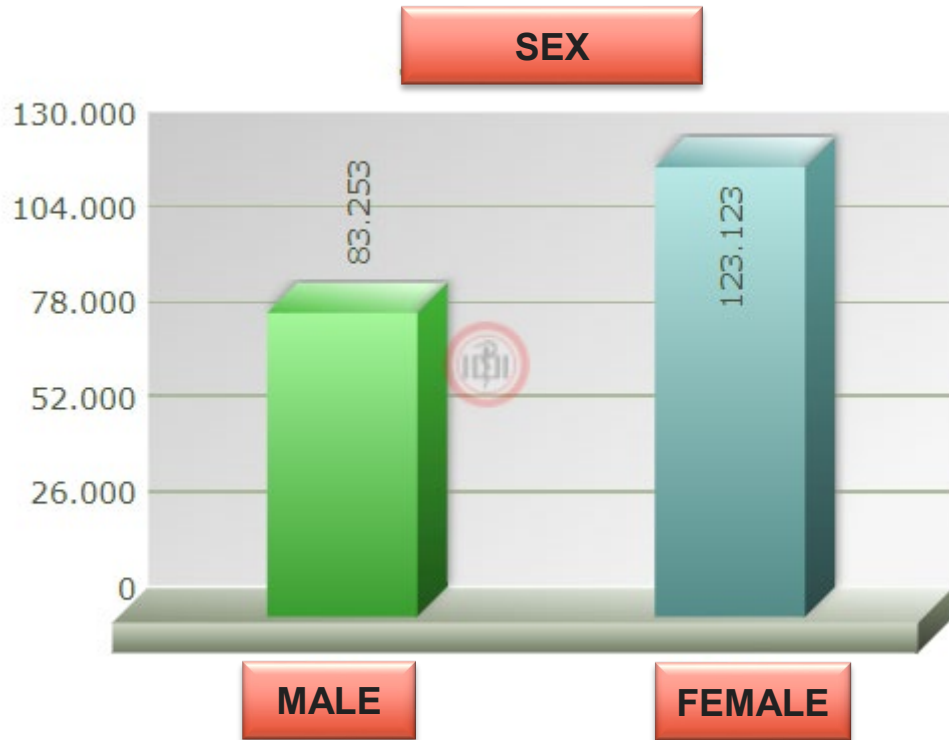
01





The Indonesian Data on Women Doctor

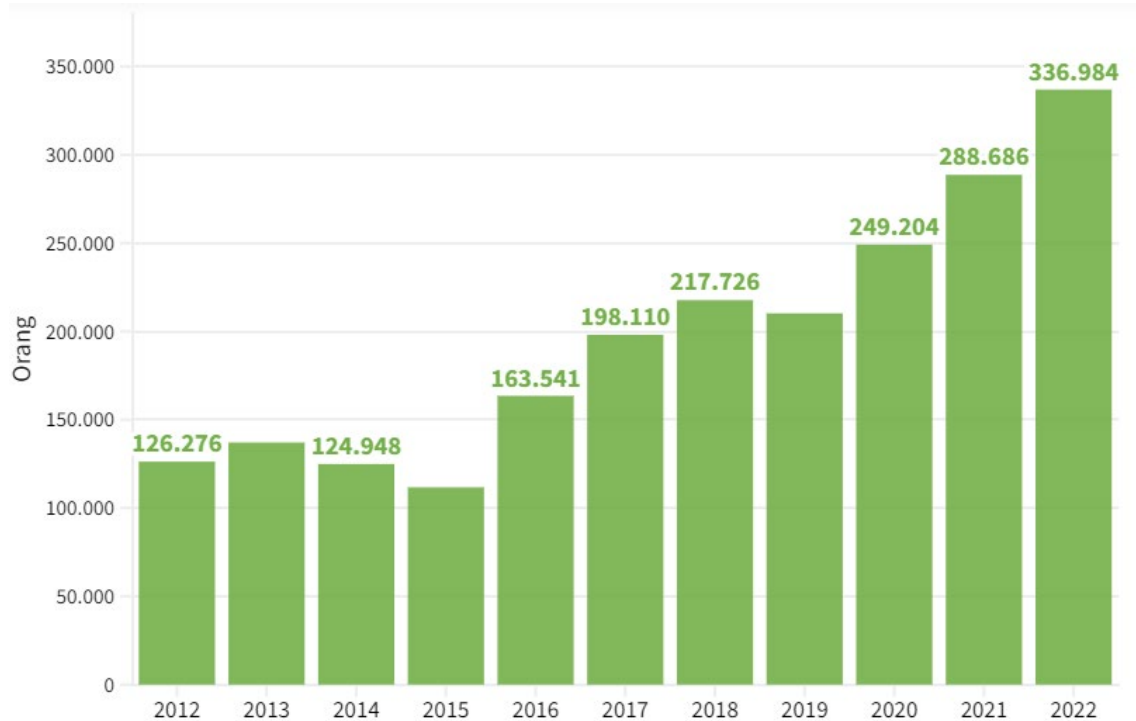
01





The Indonesian Data on Midwifery

01





The Indonesian Data on Women Nurses

01

Ministry of Health

Total 511.191 / 71% (2021)





The History of Women Doctor

01

- **Maria Emilia Thomas** (17 February 1896 – 10 October 1966), or better known as **Marie Thomas**, was the first Indonesian woman to become a physician
- Completed her studies at STOVIA in 1922 and was acknowledged as the first female graduate of STOVIA
- specialized in obstetrics and gynaecology and is considered the first Indonesian doctor to specialize in this field.
- She established a midwifery school in Bukittinggi, West Sumatra





The Importance of Women Health Workers in the Healthcare System

Specific Population

Women (adult and teenagers)

Specific disease

Reproductive health, disease-related sex (PPCM, hormonal, cancer)

Specific professionalism

Patient comfort and safety, avoid harassment

Family Medicine

Hygiene, nutrition, maternal and child health

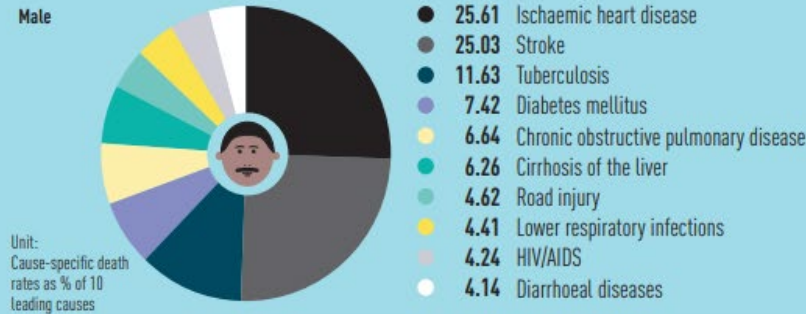


Disease burdens are different between men and women.

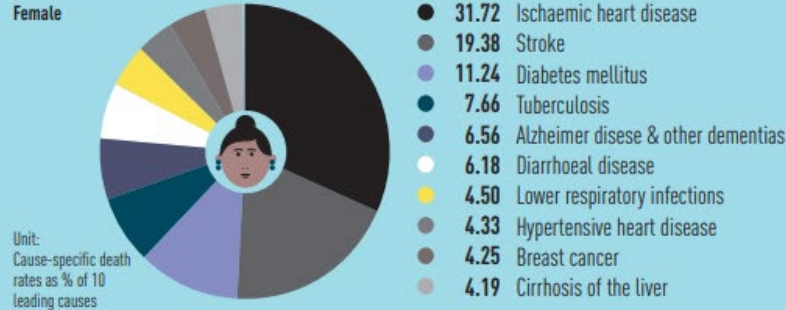
Chronic obstructive pulmonary disease, road injuries and HIV/AIDS feature in the 10 leading causes of deaths among men, but not among women. Alzheimer's disease, hypertensive heart disease and breast cancer feature in the 10 leading causes of deaths among women, but not among men.

10 leading causes of death among men and women²⁸

Male



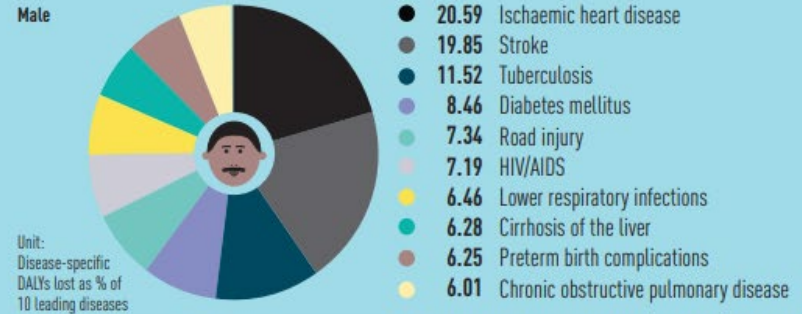
Female



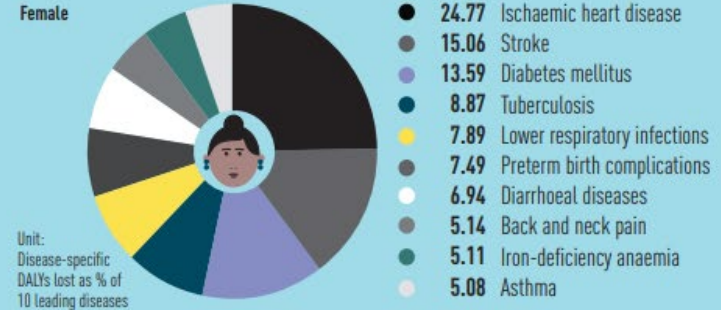
Road injuries, cirrhosis of the liver, HIV/AIDS and chronic obstructive pulmonary disease figure in the 10 leading causes of DALYs lost among men, but not among women. Iron deficiency anaemia, diarrheal diseases, back and neck pain and asthma feature in the 10 leading causes of DALYs lost among women, but not among men.

10 leading causes of DALYs lost among men and women²⁹

Male

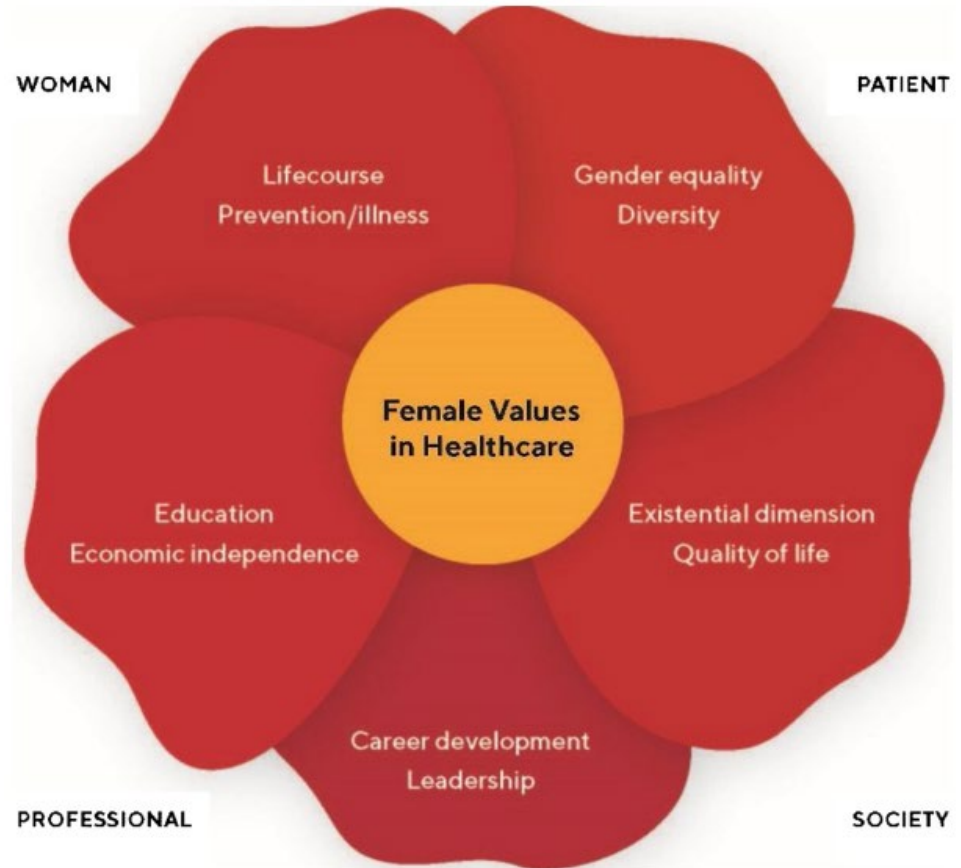


Female





The Pivotal Values of Women Health Workers in the Healthcare System





The Challenges and Obstacles of Women Health Workers in Indonesia

Related Gender

- Double burden of responsibility
- Pregnancy, breastfeeding, maternal care
- Hormonal issue
- Discrimination
- Psychology issue

Related system

- Lack of regulation
- Lack of access and opportunity
- Working condition related gender's segregation
- Unequal payment

Related culture & society

- Lack of family support
- Lack of spousal support
- Lack of social support
- Lack of role models



Study Cases in Indonesia

Lung Doctor Dies Mysteriously In Nabire, IDI Asks For Security Security For Health Workers To Work In Conflict Areas

13 Maret 2023, 17:59 | Editorial Team ▾



PB IDI's condolences to Dr Mawarth Susanti, SpP, Lung Specialist who died during his service at Nabire Hospital, (ANTARA)



Health Minister Asks for Speedy Judicial Review in Ayu Case

© Rabu, 27 November 2013 22:11 WIB

Jakarta (Antara) - Health Minister Nafsiah Mboi has urged for a speedy judicial review in the malpractice case against Dr. Ayu and her associates that has triggered demonstrations in many places across the country. "We hope the Supreme Court (MA) will process the judicial review quickly so that the case can be seen clearly," the Minister said at a press conference on Wednesday. Nafsiah stated that she would not intervene in the process but would take the help of medical experts as witnesses in case it was needed. "Our task is to give a technical explanation with regards to the medical aspects of the case so that the MA can give as fair a ruling as possible," she noted. The Minister has also asked for the suspension of the detention of the concerned doctors, in order to allow them to carry out their respective duties. "We hope that these doctors will be allowed to carry out their duties during the judicial process. I guarantee that they will not try to escape," she said. Nafsiah said doctors were sworn to dedicating their lives to humanity and so she believed that no doctor intended killing his or her patient. "No one would become a doctor with the aim of killing people. Certainly their only intention is to save one's life," she reiterated. (*)



Lack of Medical Specialists among Women Doctors

Women comprise two-thirds of general medical practitioners and nurses but only two-fifths of all medical specialists.²⁴





The Solution?



Enhancing regulatory framework and strengthening protection law

Community empowerment
women by women

Enhancing access and opportunity
for education and training



Enhancing regulatory framework and strengthening protection law

Encourage member to participate in parliamentary

Encourage member to participate in strategic position



dr Ikfina Fahmawati
Mojokerto Mayor
(2021-2024)



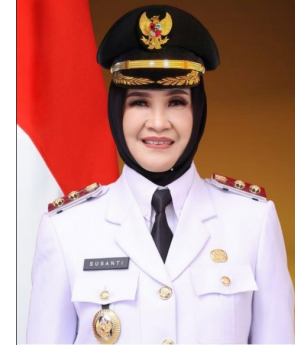
dr Kusdinar
Sragen Mayor
2016-2021
2021-2024.



dr Faida
Jember Mayor
2016-2021.



dr Neni Moerniaeni
Sp. OG.
Bontang Mayor



Dr. Susanti Dewayani
SpA
Pematang Siantar Mayor



Our Past Minister of Health

| | | | | |
|--|--|----------------------|-----------------|-----------------|
|  | Siti Fadilah Supari | Indonesia Bersatu | 21 Oktober 2004 | 20 Oktober 2009 |
|  | Endang Rahayu Sedyaningsih | Indonesia Bersatu II | 22 Oktober 2009 | 30 April 2012 |
|  | Ali Ghufron Mukti (Pelaksana Tugas) | | 30 April 2012 | 14 Juni 2012 |
|  | Nafsiah Mboi | | 14 Juni 2012 | 20 Oktober 2014 |
|  | Nila Moeloek | Kerja | 27 Oktober 2014 | 20 Oktober 2019 |



Enhancing regulatory framework and strengthening protection law

Encourage member to participate in parliamentary



Encourage member to participate in strategic position

Law Product

Indonesia: New law on maternity and paternity leave

On 4 June 2024, the Indonesian House of Representatives passed the Draft Bill on Mother and Child Welfare for the First One Thousand Days of Life (**Mother and Child Bill**), which enhances maternity and paternity leave entitlements.



| | Manpower Law | Mother and Child Bill |
|------------------------------|---|--|
| Duration of maternity leave | <p>Live birth</p> <ul style="list-style-type: none"> female employees are entitled to 1.5 months' leave prior to childbirth and 1.5 months' leave after childbirth the Elucidation to the Manpower Law provides that the leave may be extended based on medical certificates, but is silent on the duration and payment during such extended maternity leave <p>Miscarriage</p> <ul style="list-style-type: none"> 1.5 months' leave | <p>Live birth</p> <ul style="list-style-type: none"> female employees are entitled to at least 3 months' leave after childbirth extendable by another 3 months where there are medically certified special conditions (eg childbirth complications) <p>Miscarriage</p> <ul style="list-style-type: none"> 1.5 months' leave |
| Wages during maternity leave | <p>Full pay</p> | <p>Live birth</p> <ul style="list-style-type: none"> full pay for the first four months 75% of usual salary for the fifth and sixth months. <p>Miscarriage</p> <ul style="list-style-type: none"> Full pay |

| | Manpower Law | Mother and Child Bill |
|-----------------|---|--|
| Paternity leave | Two days' paid leave for live birth or miscarriage. | Two days' leave for live birth (may be extended by another three days or by agreement) or miscarriage. |



Ikatan Istri Dokter Indonesia (IIDI)

WEBINAR KAJIAN SEJARAH DOKTER
Peringatan Ke 95 Hari Ibu Tahun 2023

DOKTER DAN KIPRAH PEREMPUAN INDONESIA
dr. Marie Thomas
dr. Anna Warouw
Prof. Dr. dr Julie Sullianti Saroso, MPH

MINGGU, 24 DESEMBER 2023
PUKUL 09.00 WIB - 12.00 WIB
ZOOM MEETING ID : 849 2832 4229



Zoom Series PB IIDI 2023
Hari Kemerdekaan RI ke-78
3 Agustus 2023
pk. 08.00 - 12.00 WIB

SERI 1

"Sukses Menjadi Perempuan Entrepreneur"

Ketua Umum PB IIDI
Dr. Ny. Haslinda D. Abidinayah, SE, MSI

Narasumber
Ir. Yusandiah, M.M

Moderator
Dra. Ny. Rani Mokoginta

Host
Ny. Sugiharti Kuncoro

Co-Host
Ny. Tjut Sonia B. Makmur

Meeting ID
886 0292 7525
Passcode:
bididana
link pendaftaran:
<https://bit.ly/perempuanentrepreneurpbidi>
dress code:
Seragam Batik IIDI

PENGUNJUK BESAR
KATIAN ISTRI DOKTER INDONESIA

67th
Webinar

Dalam Rangka Memperingati
HUT IIDI ke- 67 & Hari Ibu ke- 93
Tahun 2021

"AYO SEHATKAN REPRODUKSI REMAJA"
Rabu, 22 Desember 2021
Jam 09.00 - 11.30

"MENINGKATKAN KESEHATAN REPRODUKSI REMAJA MELALUI KECAKAPAN HIDUP (LIFE SKILL)"'

Host
Dra. Rani Mokoginta

Narasumber
Roslina Verauli, M.Psi. Psi.

Moderator
Dra. Farida, M.Si.

Meeting ID : 810 6875 2906
Passcode : HUT67IIDI
Youtube

GRATIS E-SERTIFIKAT

Bekeja dengan Cinta

Seminar Kesehatan Perempuan Indonesia Hebat
dimulai dari Perempuan Indonesia Sehat

Dr. Yadi Permana, Sp.B-K-Onk
PERABI

Dr. Ny. Haslinda D. Abidinayah, SE, MSI
Ketum PB IIDI

Prof. Dr. dr. Aru Wisaksono Sudojo, Sp.PD-KHDM, FACP
Yayasan Kanker Indonesia

dr. Rosita Rival, MM
Yayasan Dokter Perempuan Indonesia

Jum'at 13 Oktober 2023
14.00 - 16.00 WIB

Aula Gedung dr. R. Soeharto PB IDI
Jl. Sam Ratulange No. 29, Mantang - Jakarta Pusat

LIVE on youtube
PB Ikatan Dokter Indonesia



Indonesian Women of Cardiology (IWOC)

WORKSHOP SERIES

Heart Disease in Pregnancy

THURSDAY, 19 SEPTEMBER 2024
13.00 - 17.00 WIB

RITZ-CARLTON HOTEL
MEGA KUNINGAN, JAKARTA

To register as OB/GYN specialist
or resident, please directly
contact our secretariat



289 posts 1,435 followers 53

Womenheart.Indonesia

Education

Indonesian Women of Cardiology (IWOC)

Youtube: IHA Woman Cardiology

Facebook: Indonesian Women of Cardiology

linktr.ee/Womancardiology

Followed by inaheartperki



WEBINAR

Can We Be a Good Woman and Good Cardiologist?



Dr. dr. Yusefa Pritaningsih, Sp.JP(K), FPA, FACC, FACC, FASCP

Moderator



Dr. dr. Lina Dina Liana, Sp.PD(K) MARS, FPA, FACC

Breaking Glass Challenge: Women's Leadership in Cardiology



dr. Anna Lifa Rahajoe, Sp.PD(K) FPAK

Work-Life Harmony

Sunday, 21 April 2024
10.00 WIB

REGISTER NOW



Go RED For Women WEBINAR AWAM

Kardiomiopati Peripartum dan Problem Maternitas

JUMAT, 24 FEBRUARI 15.00-16.00 WIB

Apakah itu Kardiomiopati Peripartum?
dr. Ima Ansari, SpJP(K)

Laktasi pada Perempuan dengan Peripartum Kardiomiopati
dr. Santi P. Ramdhani, SpJP

MODERATOR
Dr. Rosmaliana, SpJP

PANELIS
Perwakilan PPCM Survivor Indonesia
Kartika Susilowati
Kartika Handriani

LINK : <https://bit.ly/PJ24FEB>

FREE

Go RED for Women

Woman and Angina

na.womancardiology@gmail.com Women Cardiology @womancardio.Indonesia

WEBINAR

WOMAN AND HEART RATE: Which one is normal and which one is not?

Moderator
Sumarni, MD, FIHA

Palpitation in Young Woman
Luluk Dwi Yuni, MD, FIHA

Cardiac Arrhythmia in Woman
Novita, MD, FIHA

13TH JANUARY 2023 14.00-15.00 WIB

Link <https://bit.ly/PERKI13JAN>

Online Workshop

Menopause and Cardiovascular Problems

Virtual
16 Sep 2022
08.00-11.30 WIB



Women Division – Junior Doctors Network IMA

Junior Doctors Network INDONESIA

ENABLING BREASTFEEDING
Enabling breastfeeding for working mothers

Exclusive breastfeeding for working mom

How to prepare

IG @JDNIndonesia_official
1 Agustus 2023
pukul 19.00–20.00 WIB

LIVE

dr. Shalira Nindita, MARS
dr. Zmita Zuhdi, S.Narasumber

Junior Doctors Network INDONESIA

ENABLING BREASTFEEDING
Enabling breastfeeding for working mothers

Nutrisi Tepat bagi Ibu sebagai Jaminan ASI Eksklusif yang Berkualitas

IG @JDNIndonesia_official
3 Agustus 2023
pukul 19.00–20.00 WIB

LIVE

dr. Dwi Putri Ayu
Moderator
Dr. dr. Zuhrah Taufiq, M. Biomed, Narasumber

Junior Doctors Network INDONESIA

ENABLING BREASTFEEDING
Enabling breastfeeding for working mothers

REGULASI TEPAT, BENTUK DUKUNGAN NYATA PEMERINTAH UNTUK IBU BEKERJA SUKSES ASI EKSKLUSIF!

dr. Magfirah Alomri, MARS
moderator

AIMI DEPOK

dr. Amelia Martira, Sp.An,S.H,M.H.IBCLC
narasumber

Junior Doctors Network INDONESIA

ENABLING BREASTFEEDING
Enabling breastfeeding for working mothers

Berhasil Menyusui Bagi Para Ibu Muda

IG @JDNIndonesia_official
2 Agustus 2023
pukul 19.00–20.00 WIB

LIVE

dr. Nurayita Nabli
Moderator
Dr. Shalira Nindita, MARS

Junior Doctors Network INDONESIA

ENABLING BREASTFEEDING
Enabling breastfeeding for working mothers

KENAPA GAGAL MEMBERI ASI EKSKLUSIF? MITOS DAN FAKTA POPULER SEPUTAR MENGASIHI

dr. Caren Corneia Pangow
moderator

dr. Dwitya Rilianti
narasumber

5th August 2023
8-9 PM

Junior Doctors Network INDONESIA

SEPUTAR HIV/AIDS

dr. Sheila Prilia Andini
IDI Wilayah Jakarta Selatan
esheiprilia

Junior Doctors Network INDONESIA

JOIN NOW

dr. Sheila Putri Sundawa Sp. A
NARASUMBER

Series #02

Anak-anak terlanjur menghirup polusi, apa bahayanya?

dr. Feby Purnama Sp. N
Moderator

Breathe Better Air Together with JDN Indonesia

Junior Doctors Network INDONESIA

3 LANGKAH CEGAH KANKER SERVIKS

dr. Nur Annisa Laras Fikria
IDI Wilayah Kota Bogor
enurannisa



Enhancing access and opportunity for education and training

GUIDELINES AND STANDARDS

Recommendations for the Use of Echocardiography in the Evaluation of Rheumatic Heart Disease: A Report from the American Society of Echocardiography

Check for

Natesa G. Pandian, MD (Chair), Jin Kyung Kim, MD, PhD, FASE (Co-Chair), Jose Antonio Arias-Godinez, MD, Gerald R. Marx, MD, FASE, Hector I. Michelena, MD, FASE, Jagdish Chander Mohan, MBBS, MD, DM, FASE, Kofoworola O. Ogunyankin, MD, FASE, Ricardo E. Ronderos, MD, PhD, FASE, Leyla Elif Sade, MD, Anita Sadeghpour, MD, FASE, Shantanu P. Sengupta, MD, DNB, FASE, Robert J. Siegel, MD, FASE, Xianhong Shu, MD, PhD, **Amiliana M. Soesanto, MD, PhD**, Lissa Sugeng, MD, FASE, Ashwin Venkateshvaran, PhD, RCS, RDCS, FASE, Marcelo Luiz Campos Vieira, MD, PhD, and Stephen H. Little, MD, FASE, *Newport Beach, California; Irvine, California; Mexico City, Mexico; Boston, Massachusetts; Rochester, Minnesota; New Delhi, India; Lagos, Nigeria; Buenos Aires, Argentina; Ankara, Turkey and Pittsburgh, PA; Washington, District of Columbia; Nagpur, India; Los Angeles, California; Shanghai, China; Jakarta, Indonesia; Manhasset, New York; Stockholm, Sweden; Sao Paulo, Brazil; Houston, Texas*






We are different in role and in the way that we operate, but we are equal in God's eyes. We are equal in value, and equality makes us complete each other to reach a balance in life.




Thank you



KONTAK

 pbidi@idionline.org

 (021) 3150679
(021) 3900277



Sekretariat Pengurus Besar Ikatan Dokter Indonesia

Jl. Dr. G.S.S.Y. Ratulangi No. 29, Menteng, Jakarta Pusat 10350