The Role and the Future Vision of the Japan Medical Association

Mari Michinaga, MD

Executive Board Member
Japan Medical Medical Association

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Fourth term re-elected as the JMA President
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I have decided to undertake my fourth term because I have a strong desire for Japan's healthcare system, which was built upon integration of the universal health insurance coverage and the medical care provision systems centered on Kakaritsuke Physicians (primary care physicians), to improve, rising to an even higher level through carefully listening to the voices of individual members who serve as the backbone of community medicine.

Form Presidential Policy Address
Realization of a vibrant society where all citizens support each other and can live healthy and enriched.

1. Extension of healthy life expectancy - Reduction of health disparity

- Improve QOL

2. Prevention of onset and progression of life-style related diseases

3. Maintenance and improvement of functions necessary for engaging in social life

4. Improve access to health resources such as health service and ensure fairness

5. Improve social environment

Specific efforts by national health promotion campaign
The business leaders, healthcare organizations, and municipal leaders together launched the Japan Health Conference on July 10, 2015, in which the private-sector takes the initiative to promote progressive preventative care and health development among local governments, companies, and insurers, with the aim of extending healthy life expectancy and optimizing the healthcare expenditure.

To develop cross-sectional progressive efforts in local governments, companies, and insurers, the Conference adopted the “2020 Declaration of Healthy Community and Workplace Development,” which incorporates the key performance indicators toward 2020.

To ensure to achieve these goals,
1) A working group will be established for each project, and the Ministry of Health and the Ministry of Economy will cooperate in investigating specific approaches so that any bottlenecks will be eliminated and the cases of good practice can be expanded.
2) The “Japan Health Conference Portal Site” will be established to promote competition, for example by visually describing the project status by area or field of business.

*Nippon Kenko Kaigi[Japan Health Conference]*

*Minister of MHLW*
Response to the reduction of diabetic patients

Prevention•severity prevention

• Training for physicians including Kakaritsuken physicians to strengthen numerical control of diabetic patients

Severity prevention

• Create partnership between clinics and hospitals, especially establishing and analyzing databases to help physicians working in clinics

Establish effective treatment

• Highly effective treatment and medicines by continuing research on database construction and improvement of outcome

Conclusion of "Agreement on Collaboration for Prevention of Severe Diabetic Nephropathy" (March 24, 2016)

Conclude an agreement with the JMA, the Ministry of HLW and the Japan Diabetes Countermeasure Promotion Council to promote efforts for prevention of severe diabetic nephropathy in communities
To Extend Healthy Life Expectancy

Average Life Expectancy
Healthy Life Expectancy

Infant checkups
Maternal and Child Health Act
MHLW Equal Employment, Children and Families Bureau

School checkups
School Health and Safety Act
MEXT Sports and Youth Bureau

Health checkups for employees
Industrial Safety and Health Act
MHLW Labour Standards Bureau

Specific checkups
Health insurance Insurers (mandated)
MHLW Health Insurance Bureau & Health Service Bureau

Health checkups for the elderly aged 75+
Assurance of Medical Care for Elderly People Act
MHLW Health and Welfare Bureau for the Elderly & Health Insurance Bureau

[Infancy] [School Age] [Work Age] [Elderly]

Systemize as “Life-long Health Services”

Average Life Expectancy

Infancy: M 62.2 F 70.4
School Age: M 70.4 F 73.6
Work Age: M 7540 F 79.6
Elderly: M 79.6 F 86.3

Need to shorten
Roles of Medical Associations to Eliminate Social Gaps

School Physician
- Response to poverty of children
- Strengthen activities of school physician and enhancement of health education and social awareness

Kakaritsuke physicians
- Response to habit changes and accessibility to health care
- Enhance activities of Kakaritsuke physicians
- Single household
- Aged household
- Household with small children

Roles of medical associations

Industrial physicians
- Promotion to response to poverty by income & jobs
- Enhance role and function of industrial physicians
- Small-medium enterprises with under 50 employees
- Large enterprises

Community development
- Housing policy
- Urban policy
“Seamless Medical and Long-term Care” in which Kakaritsuke Physicians Play the Central Role

Wide range of issues relating to the health of patients and the people

Governments
Medical Associations
Care & Consultation

Kakaritsuke Physicians

- Ordinary care, early detection of disease, and prevention of deterioration
- Appropriate initial response
- Refer to specialists
- Accept patients after amelioration

Specialists

- Tests and treatment by specialists
- Manage complications

Care management in accordance with the resources in medical and long-term care in communities

- Continuing education
- Provide community information

Multidisciplinary collaboration

Dentists, pharmacists, nurses, dietitians, care managers, long-term care service providers, etc.

Home care (nursing and long-term care), Patient compliance instruction, etc.
A *kakaritsuke* physician is...

(Definition)

A physician who people can consult on any issues, is well-versed with regard to up-to-date medical information, can refer a patient to a specialist or specialized medical institution when needed, and is a trustworthy and familiar figure with comprehensive capabilities entrusted with community medicine, health, and welfare.

Joint Conference of JMA and Council of Four Hospital Organizations

I want to live in this town for long, long years.  
*Healthcare planning is town planning*
JMA started a training program in 2016 to maintain and improve the *kakaritsuke* physician capacity that can be trusted by local residents. This training program includes "Team medicine, the practice of multidisciplinary collaboration" in the *kakaritsuke* physician capacity, and training is offered across the country.

[Purpose]
In anticipation of a further declining birthrate and aging society, a training program is conducted to evaluate the ideal form of the *kakaritsuke* physician capacity that local residents would trust and maintain and improve the capacity.

[Implementing body]
Prefectural Mas that wish to conduct the training program

[Kakaritsuke physician capacity]
1. Practice of patient-centered medicine
2. Practice of medicine that emphasizes the continuity of care
3. Practice of team medicine and multidisciplinary collaboration
4. Practice of public health, medical care, long-term care, and welfare activities for society
5. Practice of medicine that meet the unique characteristics of the community
6. Practice of home medical care

Carried out since March 2016
Thank you for your attention.

Japan Medical Association